

A SERMON SERIES FROM THE PSALMS

SONGS *for* SUMMER

VOLUME 3

Psalm 42

SONGS *for* SUMMER VOL. 3

Psalms 42 (ESV)

As a deer pants for flowing streams, so pants my soul for you, O God. ² My soul thirsts for God, for the living God. When shall I come and appear before God? ³ My tears have been my food day and night, while they say to me all the day long, “Where is your God?”

Psalms 42 (ESV)

⁴ These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. ⁵ Why are you cast down, O my soul, and why are you in turmoil within me?

Psalms 42 (ESV)

Hope in God; for I shall again praise him, my salvation ⁶ and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar.

Psalms 42 (ESV)

⁷ Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. ⁸ By day the LORD commands his steadfast love, and at night his song is with me, a prayer to the God of my life. ⁹ I say to God, my rock:

Psalms 42 (ESV)

“Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?” ¹⁰ As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

Psalms 42 (ESV)

¹¹ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

At times our spiritual tank seems empty, but God has provided the cure and the way to connect with and remain faithful to him

Psalm 42:1-2 (ESV)

As a deer pants for flowing streams, so pants my soul for you, O God. ² My soul thirsts for God, for the living God. When shall I come and appear before God?

Cure

-Admit your needs

Psalm 42:10 (ESV)

As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

Cure

-Admit your needs

-Remember

Cure

- Admit your needs
- Remember
- Examine yourself

Psalm 42:5 (ESV)

⁵ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation

Cure

- Admit your needs
- Remember
- Examine yourself
- Preach to yourself

Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself? Take these thoughts that come to you the moment you wake up in the morning. You have not originated them, but they start talking to you,

they bring back the problems of yesterday, etc. Somebody is talking ... Your self is talking to you. Now this man's treatment was this: instead of allowing this self to talk to him, he starts talking to himself. "Why art thou cast down, O my soul?" he asks. His soul had been depressing him, crushing him.

So he stands up and says, “Self, listen for a moment, I will speak to you.”

– Dr. Martyn Lloyd-Jones

Psalm 42:1-2 (ESV)

As a deer pants for flowing streams, so pants my soul for you, O God.

**² My soul thirsts for God,
for the living God. When shall I come and
appear before God?**

Psalm 42:3 (ESV)

My tears have been my food day and night,
while they say to me all the day long, “Where is
your God?”

Psalm 42:10 (ESV)

As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?”

Psalm 42:9 (ESV)

I say to God, my rock:

“Why have you forgotten me?”

Psalm 42:11 (ESV)

¹¹ Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

If you would like to talk to Tad about the sermon, please feel free to call him, email him or friend him on Facebook.



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